## GENDER LONGEVITY: MALE/FEMALE DISPARITY

## Solomon Ehiemua, Ph.D.

Clinical and Professor of Psychologist District of Columbia Public School System Strayer University Woodbridge Virginia

## **ABSTRACT**

The issue of gender longevity has been of great concern in the field of psychology. The issue has received more attention especially with the statistics that have been showing that women have a higher life expectancy than men. Understanding the factors behind this disparity is significant for this study. This paper focuses on discussing the trends in the disparity witnessed in the life expectancy between women and men. The study achieves this through a comprehensive literature review of peer reviewed journals that publish reports on gender longevity. The paper also aims to establish the factors behind the gender disparity with finding associating high mortality rates to behavioral as well as biological factors. The most interesting finding is that the gender gap between men and women in life expectancy is decreasing day by day.