

DEVELOPMENT OF THE MUSIC PERFORMANCE ANXIETY SCALE

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ABSTRACT

This paper describes the steps to develop the Music Performance Anxiety Scale (MPAS) and the researcher's experience throughout the whole process of developing the instrument. Pretest was earlier conducted among a small sample of respondents and content and face validity were established through extensive literature review and interview with experts. Fifty-eight (58) potential items of MPAS which was measured using a 7-points Likert-type format and one open-ended question for some comments and suggestions was developed. A sample of 36 students in the Faculty of Music, Universiti teknologi MARA completed the pilot study and the instrument was tested for internal reliability coefficient using Cronbach's alpha test. The MPAS demonstrates that all the seven dimensions of music performance anxiety construct are reliable (Cronbach's alpha = above 0.7) indicating good reliability. As a result, a valid and reliable fifty-eight (58) items of MPAS was produced which could be utilized in efforts to measure music performance anxiety among music students.

Keywords: Music performance, anxiety, music performance anxiety.