ANALYSIS OF THE PROBLEMS ASSOCIATED WITH THE IMPLEMENTATION OF HIV/AIDS COUNSELLING PROGRAMME IN SECONDARY SCHOOLS IN NYANGA DISTRICT

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ABSTRACT

The study was conducted to investigate the Problems Associated with the Implementation of HIV/AIDS Counselling Programme in Three Secondary Schools in Nyanga District. A sample of thirty two (32) respondents was selected from counsellors who included teachers, peers counsellors and non-governmental organisations. Thirty two (32) questionnaires were all completed and returned because the researchers personally handed and collected them from the respondents. The collected data was presented in the form of tables showing frequency distribution and percentages. Some of the data was presented in graphs for easy analysis, interpretation and discussion of findings. The study revealed that the main problems associated with implementation of HIV/AIDS counselling programme in Nyanga Secondary schools were inadequate materials and resources, use of counselling periods for other curriculum activities, scanty knowledge and use of methods and techniques and the failure to make a positive impact on students as regards behaviour change. The researchers recommended that teachers should be involved in workshops, seminars or refresher courses. There is need for a comprehensive referral system in schools where students who need expertise counselling are referred to such specialists. Efforts should be employed to increase counselling resources and materials in schools for use by counsellors. There is also need for evaluation of the counselling programmes in secondary schools so as to ensure that such programmes are making an impact. Cooperation among ministries, education departments, churches and non-governments organisations should be a priority so as to provide HIV/AIDS counselling in schools from a united front.

Keywords: Problems, Implementation, Counselling Programmes, Secondary Schools.