

THE LEVEL OF SUBJECTIVE SATISFACTION IN THE PERINATAL SETTING: CASE STUDY

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ABSTRACT

The quality of life connected to health (HRQL) is one of the most interesting areas of psychology applied to health. The patient's symptomatology and its levels of functionality in everyday life are important to know his life but the subjective satisfaction profile of the patient is fundamental to define the quality. The SAT-P is proposed as a tool to evaluate subjective satisfaction profile. In our case the patient is pregnant and is hospitalized with the diagnosis of intrahepatic cholestasis, a pathology of the pregnancy that can be risky for the baby. The objective is to see if the disease, and the long stay in the hospital has repercussions on the levels of functionality in daily life and if a reduction of the levels of functionality leads to a possible perinatal depression.

Tools: The patient undergoes the SAT-P test of subjective satisfaction profile and the Edinburgh postpartum depression test, both test taken at the time of a hospitalization and one month after birth.

Results: If the subjective satisfaction profile is quite satisfactory in the first evaluation and the score in the depression test was 6 that indicates only a need for psychoeducation of the patient on postpartum depression symptoms, in the second evaluation we find a reduction of the score in all the factors of personal satisfaction and especially in the factor of psychological functionality and physical functionality, and in the postpartum depression test we find a score of 17 points that reveals a post partum depression.

Conclusions: The pregnant pathology and the hospitalization are factors that contribute to the establishment of a low subjective satisfaction profile, especially as regards the psychological and physical aspect and consequently the birth of a possible / depression.

Keywords: Subjective satisfaction profile, Postpartum depression, Functional factors.