

INDEPENDENCE RELATIONSHIP WITH PSYCHOLOGICAL WELL-BEING ON LANSIA IN INSTITUTION WERDHA LOVE FATHER-MOTHER TANGERANG

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ABSTRACT

This study aims to examine the relationship between independence and psychological well-being in the elderly at the Institution Werdha Love Father-Mother Tangerang. The population of this research is 24. The data collection method is with a Likert scale and the sampling method is carried out by using a saturated sampling technique (census). The instrument test in this study used two scales, namely, the independence scale consisting of 6 items, and a reliability coefficient of 0.747 was obtained a psychological well - being scale consisting of 12 items, and a reliability coefficient of 0.909 was obtained. The research sample of the variables of psychological well - being and religiosity were normally distributed. The results of the analysis of the bivariate correlation data using the SPSS 15.0 for windows program, showed that there was a relationship between independence and psychological well - being in the elderly at the Nursing Home of the Father-Mother in Tangerang with correlation (r) = 0.599 with $p = 0.002$ ($p < 0.05$). The conclusion of this research is that there is a significant relationship with the positive direction of independence with psychological well-being of the elderly at the Institution Werdha Love Father-Mother Tangerang.

Keywords: Psychological Well - Being, Independence.